

Mr. Koslowski – Physical Education Pre-K to 8  
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### Mr. Koslowski's February 2019 Web Page Article

As we enter the month of February, grades PK to 2 will be concentrating on basic ball skills and games. Students will learn basic skills associated with different sports. They will learn how to dribble, pass and receive a basketball as well as dribbling a soccer ball and hitting sponge balls with a sponge bat. To enhance the learning and to make it fun of course, the students will also play games using the skills they learn as well as skills they have already learned this year (throwing, catching, bouncing, rolling, kicking, trapping and striking with body parts). This activity will continue into the month of March.

Grades 3 to 8 are finishing basketball and will begin the floor hockey unit by learning and reviewing the skills associated with the game. They will then play lead up games and regular class floor hockey games. Since we will be missing a couple of classes this month because of a play, vacation and the Kids Heart Challenge, this activity will continue through to the end of March. At that time we will begin the fitness unit and fitness testing.

This February, St. Anne School will again be participating in a fund raiser for the American Heart Association. The Kids Heart Challenge will be held on February 22, 25 and 26 during gym classes. We are having our kickoffs for this event this first full week of the month. Parent letters as well as pledge envelopes, tattoos and stickers will go home with the students this week. Follow the instructions to donate on line or using the envelopes. Thank you in advance for participating in raising money for research and education into cardiovascular disease.

The mission money results for the month of January are as follows: On the first floor, grade 3 raised \$21 for the poor and on the second floor, grade 6 brought in \$11. Therefore, these grades will display the banners during the month of February. St. Anne School as a whole raised \$58 for the less fortunate people in our world. Thanks to all who participated in the collections.

Enjoy the month and I hope the ground hog is right.  
Mr. Koslowski